

MICROBLADING INFORMATION

Invisible Ink By Vita

Please read through the information below and advise if any of the below applies to you or if you have any questions. In the case you can't make it to your appointment, please provide a minimum of 24 hours notice to avoid a cancellation fee.

PRE-TREATMENT

From now until your appointment please avoid using any products (except sunscreen) on the forehead and eyebrow area. If you are taking any fish oils or blood thining medications, please also stop these.

For the 24 hours prior to the appointment avoid coffee, alcohol and blood thinning pharmaceuticals (eg. Advil).

PRIOR TO APPOINTMENT, ADVISE IF:

- You have any cosmetic tattoos. There is a charge of \$50 for going over previous cosmetic tattoos that are still visible/need correction.
- You plan to have any facial altering procedures (eg. Botox, micro-needling, plasma-sUBLIMATION, PRP or surgery) in the 2 months before or after your microblading appointment.
- You have oily, very sensitive or problematic skin conditions. Be sure to advise prior to treatment day as this can affect the duration of the microblading.
- You are taking any medication, on chemotherapy, are pregnant or breastfeeding, so I can avoid contraindications.
- You have or have had any medical conditions or diseases (eg. heart conditions, diabetes, hepatitis, etc)
- You know that your pain tolerance is quite low, you may take a Tylenol Extra before the appointment.
- You plan to go on holiday or to a special event close to the procedure day

POST-TREATMENT INFORMATION + CARE INSTRUCTIONS

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Allow freshly microbladed eyebrows 7 to 14 days for initial healing.

During the healing process the eyebrows will appear dark and bold (especially in the first 3-5 days), the colour will drop by 40-50% and thickness by 15% when healed.

Don't be worried if the strokes have disappeared in patches, it takes the pigment roughly 4 -6 weeks to resurface. Areas that have lost pigment will be gone over in the second session. A minimum of two sessions is required for the best results - please note: "touch ups" still count as separate appointments. Touch ups must be booked by the client within 4 to 8 weeks of the initial appointment to avoid further charges.

Just remember to breathe and trust it's going to be ok - you're in good hands!!

Post treatment care contributes to 70% of the treatments success. Following the provided instructions carefully will give you the best possible results for your skin type and promote good healing.

DAY OF TREATMENT

30 - 60 MINUTES AFTER TREATMENT

- Gently dab freshly tattooed area with a damp cotton pad to remove lymph and prevent premature scab formation - **OR** - saturate cotton pads and hold to brow to dampen pigment then wipe softly to the side.
- Dab a very small amount of PhiShield after care cream (provided during initial appointment), with a clean q-tip to your brows, avoid using your fingers unless they're clean.
Note: If the PhiShield gets lost, you can use coconut oil or Vaseline.

For the rest of the day of treatment

- Repeat the above process every hour to keep the wound clean and avoid scab formation. If you choose, you can apply a little extra PhiShield at night and cover your brows with a strip of saran wrap - this is recommended if you have had an appointment later in the day. Cleaning with water is only necessary on the first day of treatment.

Do NOT over apply the recommended creams to the brows as this may cause them to over heal and effect the microblading. Your brows should never look oily after application.

FOLLOWING SEVEN DAYS

- Avoid wetting your eyebrows (shower, sweating, steam) and avoid sun.
- Apply a very thin layer of PhiShield after care cream 2-5 times a day (as required or advised by microblading practitioner)
- Apply a little extra aftercare cream if the eyebrows feel or look dry or flaking during healing period.

THINGS TO AVOID DURING HEALING

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FIRST SEVEN DAYS

- Do not pick, scratch or peel the healing area
- Do not apply any make-up or products on, or above, eyebrows
- Avoid sleeping on the face or letting hats rest on your brows
- Avoid direct sun exposure (wear a hat always!)
- Avoid working out to prevent sweating (sweating can dilute/displace pigment)
 - Avoid wetting the eyebrows for at least 7 days or until healed
 - Avoid facial massage, facial steaming, sauna and solarium

NEXT 30 DAYS

- Avoid sunbathing, solarium, light therapies for skin, botox/fillers, chemical peels, fruit acids, microdermabrasion, and creams that contain regeneration factors.
- Always avoid active creams (skin regenerating) and laser treatments over the treated area (Fraxel Laser, IPL), because they can destroy the pigment.

Use of antibiotics and hormonal therapy can lead to faster pigment fading. The duration of microblading varies depending on skin type, lifestyle, diet and medications. For best results, a minimum of two sessions is required. On occasion, extra touch up work may be required.

Extra touch ups will incur an extra fee.

**Yearly touch ups are recommended or when fading is starting to be noticeable.
This will avoid a new set of brows being required.**

If you have any questions, please contact me via:
email: invisibleinkbyvita@gmail.com - or - phone: 289 380 6724

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